



# ROCKW



## The Rotary Club of San Francisco West

Meetings: Tuesday mornings, 7:30 a.m., Lakeside Restaurant, Ocean Ave

**October 14, 2008**

### **WELCOME TODAY'S SPEAKER**

### **NICOLA STEWART**



**Nicola Stewart**, genetic counselor, [Cancer Risk Program, UCSF](#). The Cancer Risk Program was established in 1996 as a comprehensive genetic counseling service for families with a history of cancer.

Genetic counselors assess personal and family history, provide education and counseling and, when appropriate, offer genetic testing for cancer predisposition genes. Based on family history, other cancer risk factors and genetic testing results, counselors and doctors provide an individualized risk management program for each patient that includes recommendations for cancer screening and options for preventive measures. Ms. Stewart has worked with the Cancer Risk Program for 6 years, following her completion of a master's in genetic counseling at U.C. Berkeley. She specializes in hereditary breast and ovarian cancer and has counseled hundreds of families at risk for BRCA mutations and other cancer syndromes. She is particularly interested in the emotional decision-making process after individuals learn of their genetic test results, breast pathology of BRCA1 tumors, and communication within families, particularly with children, regarding being at risk and when to test. (BRCA refers to two genes, mutations of which are associated with greatly increased risk of breast cancer.)

**Rotary District 5150 Annual Conference 2008-2009**

**April 17 - 19, 2009**

**Monterey, California**

**REGISTRATION by MAIL or FAX**

You don't want to miss the Conference kick-off with the Friday Night Fiesta with a Mexican Buffet and Mariachis with Past President of Rotary International Señor Frank Devlin directly from Mexico. Stick around for the Texas Hold 'em Poker Tournament after dinner. Saturday Night we go Italian with authentic Italian food to die for, music performed by the Jules Broussard Band, Guest speakers, Clubs awards, and the Rotaract show. Our First Annual District Golf Tournament will be held at the Pacific Grove Golf Course in Monterey followed by fine dining. The Portola Plaza Hotel has recently been remodeled to be more elegant than ever. Their fantastic rooms can be reserved at a special Rotarian rate at \$179 in stead of \$279 per night when you register online at <https://resweb.passkey.com/go/rotary5150>. Visit the Monterey Bay Aquarium, go shopping in Carmel by the Sea, check out the sea otters in Fisherman's Wharf, take a 17 Mile Drive along the beautiful coast and relax at the Spa. The Conference Registration is \$275 per person and \$225 for Rotaractors only for a limited time. Prices go up soon. Don't forget to book your hotel stay separately from the conference registration. To register with the District visit our web site at <http://www.rotary5150.com>. For more information contact Pablo Castro, our Chair of the Conference, via e-mail at [pablo\\_castro@comcast.net](mailto:pablo_castro@comcast.net) or by phone at (415) 456-1639. Please we would appreciate your advance registration today!

### **NEXT WEEK'S SPEAKER**

**Betsy Brill**, CEO/Director Pro Bono, [HandUp Congo](#). Inspired by what two women friends in Lotumbe accomplished with a gift of two manual sewing machines, Betsy and friends incorporated HandUp Congo as a nonprofit to identify and provide other tools that can help the people of Lotumbe revitalize their community. The women of Lotumbe have formalized their development efforts as an official Congolese NGO, Fondation Lucie Otaenga (FLO). Betsy Brill has mastered multiple disciplines in journalism and communication — from daily photojournalism to business magazine writing and editing to publication design to marketing publications specialist. With her husband, photojournalist and professor Ken Kobre, Betsy spent more than a year of travel and writing about microfinance approaches in Egypt, India, Bangladesh, and Indonesia. Among other articles resulting from the year's journey, her five-part series on the topic for the *San Francisco Examiner* was a Pulitzer nominee and a runner-up in the Pen West awards for non-fiction. Betsy has spoken with the Rotary Club twice before. On June 30, 1999, she presented the microfinance story that was the subject of her *Examiner* series. On February 2, 2005, she and Ken presented a slideshow of the tsunami in Indonesia, and shared about [Yayasan IDEP Foundation](#), an Indonesian NGO that is providing direct aid in Aceh.